

Lebanon Community Unit School District #9

200 W. Schuetz Street—Lebanon, Illinois 62254

Tel.: 618-537-4611

Summerfield Grade School
618-934-3441

Lebanon High School
618-537-4423

Lebanon Elem. & Jr. High
618-537-4553

Dear Parents/Guardians:

I have been informed that we have two confirmed cases of the H1N1 flu in our district. We are asking you:

- to encourage your child to practice good personal hygiene (cover sneezes & coughs with tissues or sneeze/cough into sleeve if no tissues are available , wash hands often with soap & water or use alcohol based sanitizer to clean hands, and avoid touching your eyes, nose or mouth
- to keep your child home if he/she is ill. The symptoms of swine flu in people are similar to the symptoms of regular flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported vomiting and diarrhea associated with swine flu.
- to keep a child home until fever free for at least 24 hours without fever reducing medication. **DO NOT GIVE ASPIRIN** to an ill child! If your child has been vomiting, keep home for at least 24 hours after vomiting has subsided

If your child is displaying flu-like symptoms, you can help us by reporting the symptoms of the illness to the office.